



MAC TRIO

Upward Bound

March Newsletter 2024



Upcoming Events:

March 8

Summer T-Shirt Design Contest Forms are Due.

March 8

Deadline to register for the April ACT.

March 11 - 14 and

March 25 - 28

No weekly meetings.

April 1

FAFSA Priority Deadline.

April 13

Saturday Program ACT Test Day and Senior Celebration

April 18

CTE Signing Day at MAC
4:30 - 7:30 pm

April 19

Senior Trip Permission Slips are Due.

May 6 - 9

Last week of meetings.

May 20 - 22

Senior Trip

May 28

Summer Program Registration Night
5:30 - 8:00 pm

Leaving Your Legacy

Leaving a legacy behind may sound like something reserved for history books or blockbuster movies - like it's a status for bigger-than-life characters. But everyone leaves behind a legacy, both personally and professionally. Your personal values, beliefs, relationships, and extracurricular activities all form the building blocks of your legacy.

Taking the time to self-reflect on the legacy you're leaving and the one you'd like to leave is a way to step back and consider the bigger picture. Defining what motivates you to give life your all can fill you with a sense of intention and belonging that offers joy and purpose.

The definition of a lasting legacy is the positive impact your life has on other people - friends, classmates, teachers, and even strangers. Your legacy is the sum of the personal values, accomplishments, and actions that resonate with the people around you. It's how you make a difference in the world.

Everyone creates and retells their own life story. Your legacy is what makes you unique. It doesn't just give you good stories to tell your family. It fills you with a sense of unity and purpose. Discovering your purpose requires hard work and deep self-reflection, but it's worth the effort. Once you find it, it'll shape the decisions and life experiences that sculpt a legacy you and your community can be proud of.

www.betterup.com/blog/leaving-a-legacy



Student News

- Ryley Heady was cast in Mineral Area Fine Arts Academy's production of Sweeney Todd.
- Tyler Vandergriff was voted VP of Communications for FBLA District 12.
- Gabriela Delapaz, Kattie Chilton, Leah Boyer, and Tyler Vandergriff qualified for State in FBLA.
- Keeley Walker was voted next year's VP of Membership for FBLA.
- Kaylee Cavins placed 2nd in ceramics at the SEMO Juried High School Art Show.
- Kaylee Cavins and Alexis Seabaugh placed 3rd out of 32 schools in the Scholar Bowl tournament at Sullivan.
- Ryker Gates won 1st place in Mario Kart at the MAC Esports Invitational.
- Bailey Juliette made volleyball academic all-state honors.
- Rosina Allison and the AV Science Olympia Team are going to state.

IMPORTANT INFO

The May 4th "Saturday" Program is canceled.

We are no longer doing stipends for weekly meeting attendance.

HAPPY BIRTHDAY

- Daniel Isgrig
- Devin Godat
- Haley Tucker
- Isabella Hemphill
- Joseph Pena
- Kimberlee Jackson
- Madisen DeGonia
- Taylor Dalton



February Saturday Program Webster University Tour, Slim Chickens, and The Science Center



Upcoming Solar Eclipse Information:

On Monday, April 8, 2024, the last total solar eclipse visible in the United States for over 21 years will pass south of St. Louis. A total solar eclipse happens when the moon passes between the sun and the Earth, completely blocking the sun and casting its shadow on the earth. Safety is the number one priority when viewing a solar eclipse. Except during the brief total phase, it is not safe to look directly at the sun without special eye protection. Solar glasses are designed to look directly at the sun in the sky. They block out all but 1/100,000 of 1% of the sun's light. We won't see another total solar eclipse in the United States until 2045.

<https://fox2now.com/news/missouri/aprils-solar-eclipse-brings-totality-back-to-missouri-illinois/>

A Federally Funded Program

The Mineral Area College TRIO Upward Bound 1 program is funded with a five-year, \$374,221 per year grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides 25% of indirect costs to support the program.

The Mineral Area College Upward Bound 2 program is a TRIO program funded with a five-year, \$324,979 per year grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides a portion of indirect costs to support the program.

Upward Bound is one of five programs established by Congress to help low-income, first-generation students enter college and graduate. These programs are referred to as the TRIO programs.

For more information on Upward Bound 1 or 2 or for information on how to apply, contact the Upward Bound office located at Mineral Area College, at (573) 518-2156. Office hours are 8 a.m. to 4 p.m., Monday through Friday

Mineral Area College does not discriminate based on race, color, national origin, gender, disability, age, religion, creed, or marital or parental status. For more information, call Title VI, Title IX, Section 504, or U.S. Department of Education, Office of Civil Rights.

If you have special needs as addressed by the Americans with Disabilities Act and need this publication in an alternative format, notify us at (573) 431-4593. Reasonable efforts will be made to accommodate your special needs.

Mission

The mission of Upward Bound at Mineral Area College is to serve eligible high school students by providing academic enrichment, cultural experiences, and a support network to ensure their success in attaining a four year college degree.

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