



# MAC TRIO

## Upward Bound

### November Newsletter 2025



#### Upcoming Events:

**November 7<sup>th</sup>:**

Deadline to Register  
for the December ACT

**November 11<sup>th</sup>:**

No Weekly Meetings

**November 22<sup>nd</sup>:**

November Saturday  
Program

**November 24-28:**

No Weekly Meetings

**December 1<sup>st</sup>:**

Scholarship Deadline  
for SEMO, MIZZOU,  
Maryville, S&T

**December 6<sup>th</sup>:**

Saturday Program

**December 13<sup>th</sup>:**

December ACT Test

**December 15<sup>th</sup> -**

**January 9<sup>th</sup>:**

No Weekly Meetings

**January 24<sup>th</sup>:**

January Saturday  
Program

#### 7 Reasons Why You Should Be Reading For Fun

1. **Grow Your Vocabulary:** Reading in your spare time can help grow your vocabulary and expand your word choice when writing.
2. **Learn Something:** Just because you read for fun doesn't mean you can't learn something at the same time. Use what you learn to apply to your career or personal life to become the best version of yourself.
3. **Reduce Stress:** Choose a genre you enjoy and take a break from the regular, hectic environment we often find ourselves in.
4. **Grow Your Imagination:** Having a strong imagination isn't just for kids. Expand your imagination through learning and experiencing stories from fiction, nonfiction, magazines, and articles.
5. **Become a Better Writer:** What we read influences communication. Reading more can help you learn from the communication styles of other authors. Good writers are frequent readers.
6. **Improve Brain Function:** Reading is a mental exercise that provides helpful benefits to your brain. Reading fiction can improve brain connectivity and brain function.
7. **It's a Convenient Pastime:** If you have a phone or computer, you've got access to an abundance of reading material at your fingertips. You can also find hundreds of books at your local library. Next time you're bored, find a book rather than scrolling through your phone for hours.

<https://www.cornerstone.edu/blog-post/7-reasons-you-should-be-reading-for-fun/>



#### Student News

Lily Dickerson got a job at the Farmington AMC Theater.

Allegra Williams was Business Student of the Month at North County.

Lucas Anglin was Student of the Month at Bismarck.

Paige Barton won 3<sup>rd</sup> place at the Unitec Robotics Competition.

Aby DeClue is the President of the Art Club.

Savannah Wells was Student of the Month at Valley, Elk's Student of the Month, and she bought a car.

Shaylin Jones was accepted to Webster University.



**Emily Boyer**  
**Bennett Brown**  
**Addison Dalton**  
**Aryanna Ligue**  
**Lindsey Mauldin**  
**Camden McIlwain**  
**Maya McKenney**  
**Isaac Rolens**  
**Faith Russell**  
**Alyssa Talley**  
**Jessica Temple**  
**Peyton Thornton**  
**Jax Woods**



## October Saturday Program

### BBQ & Snakes & Pumpkins at St. Francois State Park



#### A Federally Funded Program

The Mineral Area College TRIO Upward Bound 1 program is funded with a five-year, \$374,221 per year grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides 25% of indirect costs to support the program.

The Mineral Area College Upward Bound 2 program is a TRIO program funded with a five-year, \$324,979 per year grant from the U.S. Department of Education. This represents 100% of the program cost. Mineral Area College provides a portion of indirect costs to support the program.

Upward Bound is one of five programs established by Congress to help low-income, first-generation students enter college and graduate. These programs are referred to as the TRIO programs.

For more information on Upward Bound 1 or 2 or for information on how to apply, contact the Upward Bound office located at Mineral Area College, at (573) 518-2156. Office hours are 8 a.m. to 4 p.m., Monday through Friday

Mineral Area College does not discriminate based on race, color, national origin, gender, disability, age, religion, creed, or marital or parental status. For more information, call Title VI, Title IX, Section 504, or U.S. Department of Education, Office of Civil Rights.

If you have special needs as addressed by the Americans with Disabilities Act and need this publication in an alternative format, notify us at (573) 431-4593. Reasonable efforts will be made to accommodate your special needs.

#### Mission

The mission of Upward Bound at Mineral Area College is to serve eligible high school students by providing academic enrichment, cultural experiences, and a support network to ensure their success in attaining a four year college degree.

#### Upward Bound Staff

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